

Lebanon Valley Family YMCA
YMCA at The VA
Pool Schedule



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00	Open	Open	Open	Open	Open	Open
7:30	7:00- 9:00	7:00- 8:15	7:00- 9:00	7:00- 8:15	7:00- 10:00	7:00-12:00
8:00		VA Class		VA Class		
8:30		8:15-8:45		8:15-8:45		
9:00	SM Class	SM Class	SM Class	SM Class		
9:30	9:00-10:00	9:00-10:00	9:00-10:00	9:00-10:00		
10:00	DE Class	DE Class	DE Class	DE Class	Water Walking	
10:30	10:00-11:00	10:00-11:00	10:00-11:00	10:00-11:00		10:00-10:45
11:00	SM Class		SM Class		SM Class	
11:30	11:00-12:00	VA Class 11:30-12	11:00-12:00	VA Class 11:30-12	11:00-12:00	
12:00	Open	Open	Open	Open	Open	
12:30	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	12:00-1:00	
1:00	VA Class	SM Class	VA Class	SM Class	VA Class	
1:30	1:00-2:00	1:00-2:00	1:00-2:00	1:00-2:00	1:00-2:00	
2:00	Closed	Closed	Closed	Closed	Closed	
2:30	2:00-4:30	2:00-4:30	2:00-4:30	2:00-4:30	2:00-4:30	
3:00						
3:30						
4:00						
4:30	Open 4:30-5:00	Open 4:30-7:45	Open 4:30-5:00	Open 4:30-5:00	Open 4:30-5:45	
5:00	Aqua Zumba		Aqua Warrior	Into the Deep		
5:30	5:00-6:00		5:00-6:00	5:00-5:45		
6:00	Swim Lessons		Open	Swim Lessons		
6:30	6:00-7:30		6:00-7:45	6:00-7:30		
7:00						
7:30	Closed at 7:45	Closed at 7:45	Closed at 7:45	Closed at 7:45		
8:00						

Legend:
SM-Smooth Moves
DE-Deep Ease

Rivised: 02/19/18