FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

AL HANFORD CENTER

Lap Swimming Tips
Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull buoys, etc. before entering the pool.

Directions
If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.

Speed
Please try to choose a lane with swimmers that most nearly match your speed.

Notes
Lap swimming and open swimming is subject to limitation due to private lessons, personal training and/or facility rentals.

Swim Attire
Please help us keep our pool beautiful by wearing proper swimming attire and showering before entering the pool.

Supervision Policies
Non-Swimmers and under age 6 must be accompanied in the pool by an adult. Children age 6-9 must be accompanied in the pool area by an adult.

Pool Rules
A complete list of pool rules are on the reverse side of this sheet.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30-7:45 123 **OPEN** 456 LAP	5:30-6:15 123 CLASS 456 LAP	5:30-7:45 123 **OPEN** 456 LAP	5:30-6:15 123 CLASS 456 LAP	5:30-7:45 123 **OPEN** 456 LAP	7:00-9:00 123 **OPEN** 456 LAP	
7:45-12:30 123 CLASS 456 LAP	6:15-8:00 123 **OPEN** 456 LAP	7:45-12:30 123 CLASS 456 LAP	6:15-8:00 123 **OPEN** 456 LAP	7:45-11:15 123 CLASS 456 LAP	9:00-11:15 1236 CLASS 45 LAP	
	8:00-1:15 123 CLASS 456 LAP		8:00-1:15 123 CLASS 456 LAP	10:30-11:30 Lane 6 Pre School		
12:30-5:15 123 **OPEN** 456 LAP	1:15-5:15 123 **OPEN** 456 LAP	12:30-5:15 123 **OPEN** 456 LAP	1:15-5:15 123 **OPEN** 456 LAP	11:15 – 8:30 123 **OPEN** 456 LAP	11:15-5:30 123 **OPEN** 456 LAP	10:30-4:30 123 **OPEN** 456 LAP
5:15-6:00 1234 class 56 lap	5:15-8:00 123456 Swim TEAM	5:15-6:00 1234 CLASS 56 LAP	5:15-8:00 123456 Swim TEAM			
6:00-8:15 1236 CLASS 45 LAP	8:00-9:00 123 **OPEN** 456 LAP	6:00-8:15 1236 CLASS 45 LAP	8:15-9:00 123 **OPEN** 456 LAP			
8:15-9:00 123 **OPEN** 456 LAP		8:15-9:00 123 **OPEN** 456 LAP				

EFFECTIVE 1 – 01-2018

Lifeguards and YMCA staff reserve the right to remove any patron for violation of our pool rules