FUN FOR A SUMMER... LESSONS FOR A LIFETIME!

Summer Camp 2015

Lebanon Valley Family YMCA
SUMMER CAMP 2015

BENEFITS TO PARENTS AND FAMILIES...

• Weekly Themes offer campers a variety of options. Games, crafts, and special events match weekly themes. Enrollment available to members and nonmembers for any or all weekly camp sessions.

• Camps for children ages 3–12. Campers enjoy weekly swimming and theme-related activities.

• Experienced and caring adult staff implement curriculum and serve as role models for your camper. Low camper-to-staff ratios ensure that safety comes first.

• Well-trained staff attend trainings on child development, safety, healthy discipline, positive reinforcement, games, and child abuse prevention. All staff must also pass three background checks.

• Age-appropriate curriculum is designed to emphasize emotional growth, physical activity, and character development.

• Children are given the opportunity to learn in an environment that is appropriate for their age and culturally appropriate for meeting the needs of each child.

• Children will be exposed to a stimulating learning environment that engages their curiosity of the world around them.

• Children are given many opportunities to learn and develop through the integration of literacy into their daily activities.

• Our program provides activities based on the Pennsylvania Early Learning Standards.

• Children in our program will learn through intentionally planned activities that enable them to construct knowledge through real life connections.

MISSION STATEMENT

The mission of the Lebanon Valley Family YMCA is to put Christian principles into practice through programs that build healthy Spirit, Mind, and Body for all.

FINANCIAL ASSISTANCE POLICY

“The Lebanon Valley Family YMCA programs and activities are designed to benefit persons of all backgrounds, and fees are based on the cost of providing each program. While participants are expected to pay their fair share, when financial assistance dollars are available, the YMCA will assist any individual or family that wants to participate but cannot afford the fee.”

Financial Assistance (FA) applicants are required to complete a one-page Financial Assistance application, provide proof of household income—tax return, two pay stubs or bank statements of all household earners, and write a statement of need letter.

A.L. Hanford Center
201 North 7th Street
Lebanon, Pa 17046
Phone: 717–273–2691 • Fax: 717–273–6752

Hours:
Monday–Thursday ......................4:30 am–9:30 pm
Friday..............................................4:30 am–9:00 pm
Saturday ........................................6:00 am–6:00 pm
Sunday............................................8:00 am–5:00 pm

YMCA at the VA
Building 24, South Lincoln Avenue
Lebanon, Pa 17042
Phone: 717–273–2046

Hours:
Monday–Thursday ......................5:00 am–8:00 pm
Friday..............................................5:00 am–6:00 pm
Saturday .................................7:00 am–1:00 pm
EVERY CHILD DESERVES SUMMER FUN!

Changing weekly themes offer campers a variety of options. Games, crafts, and special events match weekly themes. Enrollment is open to members and nonmembers for any or all weekly camp sessions. Register for 1 week or all 11 weeks!

VARIOUS CAMPS AVAILABLE FOR CHILDREN AGES 3–12

Our School Age Camp is a full day of fun and learning and is offered at the Y and various locations throughout Lebanon County.

Our Preschool Camp provides hands-on educational activities. Preschoolers will be engaged in learning centers and many activities that encourage positive growth and development. Preschool camp runs for 7 weeks starting the week of June 8. This camp is held at the Y.

Sports Camps will encompass skills, conditioning, and an opportunity to play games each day. Campers can choose between evening and daytime hours.

Registration fees for YMCA summer camps is $25 per family. The registration fee and the fee for the first week of camp is due at the initial registration. Registration fees and camp fees are non-refundable. Camp fees are transferrable.

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TO REGISTER YOUR CHILD FOR CAMP

• Registration for all summer camps opens on March 14, 2015
• Please see the front desk for the appropriate registration paperwork
• Once your registration form, $25 registration fee and first week of camp fees are paid, your child will be registered
• Payments are due on Tuesday by 6:00pm for the next week of camp
SCHOOL-AGE CAMP

JOIN SUMMER CAMP AS WE GO "INTO THE WILD"

This summer, SACC will be going on a journey “Into the Wild” as we transform our day camp sites into a zone of wild adventure! We will be exploring some wild themes as we go on a wild journey of our imaginations. So hop on board the SACC Summer Camp safari, but be prepared — it is bound to be a wild ride!

June 8 – June 12 * Aloha From the Wild

Cowabunga Dudes and Dudettes! Pull out those Hawaiian shirts and board shorts, and relax in the breeze while on your paradise island. OH NO... is that volcano going to explode??!! Campers will surf in the sun and lay under the palm trees, but beware: Mt. Wild is days from erupting! Hula your way to our Luau in your swishy grass skirts and leis, while feasting on traditional Hawaiian foods.

June 15 – June 19 * Wildly Mysterious

Welcome to the wild unknown. This week we will be exploring the deepest depths of our imaginations as we uncover mysteries that have remained hidden for ages. Did dragons ever roam the Earth? Is there really a Loch Ness monster? We will leave that up to YOU to decide! We will also use our newly uncovered detective skills to solve a mystery of our own. Move over Sherlock Holmes, because SACC Summer Camp is on the case!

June 22 – June 26 * Wild and Active

This week we are going to pick up the pace. Being active is a vital part of healthy living and this week we are going to live it up! Campers will have a blast as they take part in many fun, active games, all while learning about the importance of an active lifestyle. Time to put those electronics away, turn off the TV and GET ACTIVE!

June 29 – July 3 * Wild Festivities

It is Christmas in July at SACC Summer Camp, and we are about to get wild and festive! Join us this week as we celebrate some of our traditional holidays, as well as learn about some little known holidays from around the world. How much celebrating can be done in one week? Put on your party hats, because we are about to find out!

July 6 – July 10 * Getting Wild as Master Chefs

It is time to stir it up in the kitchen. Come join us this week as we add a pinch of this and a dash of that and create some great snacks. Campers will learn the benefits of eating vegetables, fruits and making healthy food choices. Get those spatulas ready because this is going to be a YUMMY week!

July 13 – July 17 * Wild Ancient Adventure

Get ready to hop into the SACC Summer Camp time machine, as we journey back to some of the wildest times in history. This week we will travel to the times of kings and queens, learn what it means to “walk like an Egyptian,” explore some fascinating mythology, and examine some of the ancient inventions that have shaped what our world has become today. We hope you are ready for some excitement, because this week is bound to be a blast from the past!

July 20 – July 24 * Wild and Wacky

How wild and wacky can you be? We are about to find out! This week we will be able to unlock our innermost creativity, and show just what our minds are capable of. The sky is the limit! So, it is time to break out those silly socks, pajamas, and crazy hair styles, because this week at camp will be wackier than ever!
July 27 – July 31 * Getting Wild with Science
Sizzle and pop your way into our wild Y Laboratories. As you enter, strap on those goggles and white lab coats. When you enter into our lab of exploding experiments, you are bound to be wildly entertained with the outcomes. Campers will partake in many different hands-on lab experiments and get wildly messy!

August 3 – August 7 * Wild in the Spotlight
Do you have any hidden talents you’d like to share? Or perhaps you have a new talent, just waiting to be discovered. This week will be your time to shine, as we step into the spotlight to learn about and celebrate each other’s talents. We will also take a glimpse into the world of Hollywood, as we participate in some of the same game shows we love to watch on TV. So dust off that microphone and break out those dance moves, because it is time to pave your star on the Walk of Fame!

August 10 – August 14 * Wild, Wild West
Strap on those cowboy boots, because we are heading West! Do you have what it takes to be a sheriff, outlaw, Indian, or cowgirl? This week campers will spend the week discovering the west and what made it so WILD! Get ready for tall tales, panning for gold and a good old fashioned Hoe Down! YEEE-HAWWW!!!

August 17 – August 21 * Wild on the Water
We are going to hop on the cruise ship and sail the ocean blue because this week is all about WATER! Campers will learn all about water and why water is so important. AND, of course it wouldn’t be fun if we didn’t introduce some fun and crazy water games. So get ready to jump, belly flop or dive into camp this week for tons of water fun!

Registration Fee: $25 registration per family. Call the registration office for information on our early bird discounts on registration 717-376-1384.

Locations:
- Ebenezer Elementary School
- Jonestown Elementary School
- Union Canal Elementary School
- Palmyra Elementary School
- Harding Elementary School
- South Lebanon Elementary School
- …and The YMCA

Ages: Completed Kindergarten through age 12

Fees:
- Family Members — 5 days of camp $120; 3 days of camp $95
- Youth or Non-members — 5 days of camp $140; 3 days of camp $115

Hours: 6:30 am to 6:00 pm Monday through Friday
PRESCHOOL SUMMER CAMP

Looking for something fun and exciting for your preschooler to do this summer? The YMCA Preschool Summer Camps provide hands-on educational activities. Your child will engage in learning centers, art activities, music, movement, gym time and much more. Each week will include swimming and story time at the library. All children MUST be potty trained to attend summer camps. Camps are for children ages 3-5. Children must be minimum age by 6/1/15.

June 8-June 12 — KIDS IN THE KITCHEN 1*
Calling all chefs! We would love to have your little one join us for a hands-on experience where they will learn all about age-appropriate culinary skills, basic nutrition and kitchen safety. Your child will learn that cooking can be creative, full of discovery and a whole lot of fun! Madness in our kitchen, not yours! *Not for children with food allergies as we will be cooking with many different ingredients!

June 15-June 19 — WILD, WILD WEST
Howdy, pardner! Saddle up for this rootin’-tootin’ roundup of Wild West activities. We invite your young wranglers to discover armadillos, coyotes, rattlesnakes and steer and what cowboy life was like on the western frontier. We will sing campfire songs and tell stories around a mock campfire, learn about the types of clothing the cowboys wore and make trail mix. Yippee-yi-yo- here we go!

June 22-June 26 — DINOSAUR DIG
Take a trip back in time to when dinosaurs ruled the earth and then suddenly they disappeared! What happened to them? Your little one will become a paleontologist as we learn about the word extinct and the different types, sizes and habitats of dinosaurs. We will also learn the difference between herbivores and carnivores.

July 6-July 10 — LET’S GO CAMPING
Over the river and through the woods!! Let’s take a hike into the forest to discover the wonderful world of creatures that live in the trees. We will make s’mores, pitch a tent and explore the sounds of nature.

July 13-July 17 — WHEN I GROW UP!
Doctor, dentist, mail carrier, police officer… What do you want to be when you grow up? We’ll have a fun time exploring what grown-ups do all day in our community and how they help us. We may even have some special visitors come and share what they do in our neighborhood.

July 20-July 24 — LET’S GO ON A SAFARI
Grab your binoculars and get ready to go on an imaginary safari in Africa. Your young camper will learn about African wildlife while they create their own collection of African animals. There will be lions, zebras, giraffes and more. So pack your suitcase, jump in a jeep and join us for a week of adventure.

July 27-July 31 — KIDS IN THE KITCHEN 2*
Calling all bakers! This camp will include learning about different ingredients and we will discuss the changes in consistency as we work to create some yummy, edible delights. If you missed the first week of Kids in the Kitchen or your child just loves to cook, then you will be thrilled to know we are offering another week of cooking. So grab your aprons and plan to get messy! *Not for children with food allergies as we will be cooking with many different ingredients!

Registration: $25 per family
Locations: The YMCA
201 North 7th Street
Lebanon, PA 17046
Ages: 3 to 5 years old. Child must turn age 3 by 6/1/2015
Fees: Members — $60
Non-members — $90
Hours: 9:00 to 12:00 Monday through Friday

Lebanon Valley Family YMCA • 717-273-2691 • lebanonymca.org
SPORTS CAMPS!

The Y is a great place to continue learning and practicing the sports you love, develop new skills and agility and make new friends!!

Camps are 3 hour morning sessions that develop skills, strategy and sports specific conditioning required to learn and improve campers’ skills. Ball movement, strategic positioning and drills assist campers in developing their overall performance with sportsmanship and team work at the root of the sessions.

The YMCA’s Sports Camps are run Monday through Thursday.

Contact Darin Pickles for details at (717) 376-1383 or dpickles@lebanonymca.org

Sports Agility & Conditioning Camp

This camp will work on conditioning and agility required of all major sports. Special attention will be placed on body awareness, stability training, speed and eye hand coordination in a fun specifically designed form of games to enhance overall performance. Excellent for any athlete looking to better their game.

June 22-25 (ages 9-12) ..........9:00 a.m. – 12:00 p.m.

Basketball

Dribbling, passing, shooting, ball control and movement are the focus of camp for the sport invented by the YMCA.

July 6-9 (ages 5-8) ...............9:00 a.m. – 12:00 p.m.
July 13 – 16 (ages 9-12) ......9:00 a.m. – 12:00 p.m.

Soccer

Dribbling, passing, trapping, kicking, ball control and strategy are the hallmarks of our soccer camp. Campers will hone the skills used in the worlds most popular sport.

August 3-6 (ages 5-8) ..........9:00 a.m. – 12:00 p.m.
August 10-13 (ages 9-12) ....9:00 a.m. – 12:00 p.m.

FEES: Family Members ..............$25/week
Youth Members ..............$45/week
Non-Members ................$65/week
PLAN NOW FOR THE 2015/2016 SCHOOL YEAR

It is never too early to plan for your children! The Lebanon YMCA’s childcare mission is to provide the highest quality of care in a safe, supportive, nurturing environment. Program activities such as art, science, reading, music and games are all designed to nurture the physical, emotional, social and spiritual growth of every child in our care.

All of the YMCA’s before and after school programs and both of the YMCA’s childcare centers are licensed by the department of public welfare and enrolled in the Pennsylvania Keystone STARS program.

School Age Child Care (SACC) offers before/after school care for Kindergarten through sixth grade. Care is always available at one of the Y locations on teacher in-service days, parent teacher conference days, snow days and non-major holidays.

Registrations and additional information for all programs is available by calling 717-273-2691 or direct at 717-376-1384.

SACC LOCATIONS

**Lebanon Area:** Harding; Henry Houck; Lebanon Catholic; NW Children’s Center; Southwest; Southeast

**Cornwall Lebanon:** Cornwall; Ebenezer; South Lebanon; Union Canal

**Annville-Cleona:** Annville, Cleona

**Northern Lebanon:** Jonestown

**Palmyra Area:** Forge Road, Pine Street, Northside, Lingle Avenue
OFFSITE CHILDCARE CENTERS

EBENEZER CHILDCARE CENTER

Ebenezer Childcare Center offers care for children 1 year of age through pre-kindergarten. The center is located inside The Ebenezer Elementary School at 1600 Colonial Circle in North Lebanon Township (care for K- 5th grade also provided see SACC on the next page)

*The center is licensed by the state of Pennsylvania and is a STAR 4 facility.

HOURS: ..................................................6:30 am to 6:00 pm

Children who attend this center and are of toddler and preschool age have the option of purchasing the school lunch or bringing lunch from home. The center provides a morning and afternoon snack.

YMCA CHILDREN’S CENTER

YMCA Children’s Center offers care for children from age 6 weeks to age 5 years. The center is located at the YMCA at 201 N. 7th Street, Lebanon.

*The center is licensed by the Department of Welfare and is a STAR 4 facility.

HOURS: ..................................................6:30 am to 6:00 pm

This center participates in the Child and Adult Care Food Program through the USDA. Breakfast, lunch and 2 snacks are offered every day with no additional charge to enrolled families.

Registrations and additional information for all programs is available by calling 717-273-2691 or direct at 717-376-1384.
WE’VE GOT YOUR CHILD COVERED!

ON-SITE PRESCHOOL PROGRAM

Plan now for the 2015-2016 school year! Children must be minimum age by September 1st. This is a member only program.

**TINY EXPLORERS** (2 years old) Tuesday and Thursday.....................9:00 am–11:00 am

**DISCOVERING ME** (3 years old) Monday, Wednesday, Friday .............. 9:00 am-12:00 pm

**READY, SET, GO...** (4 years old) Monday through Friday.......................9:00 am-12:00 pm

Registration begins March 30th for new participants.
Additional information is available by calling 717-376-1386 or 717-273-2691.
CALLING ALL LEBANON COUNTY YOUTH!

Summer is here, and so is the Y! Come join your friends at the FREER FAMILY COMMUNITY YOUTH CENTER! We offer loads of fun games, sports, and activities, as well as exciting events, fieldtrips, and enrichment workshops – plus it’s just a great place to cool off or hang out with friends.

The Youth Center is a FREE program for teens entering 6th through 12th grade. We’re open Monday through Friday from 12 to 4pm, all summer long.

School is out, but the Youth Center is IN! We hope to see you there!

BEST SUMMER EVER!
Friendship, Accomplishment, Belonging

CAMP SHAND
A Branch of the Lancaster Family YMCA
ymcaCampShand.org
Ages 6–16
• Resident Camp
• Base Camp
• Stay Over Weekends
• Resident Camp Lite
• Resident Extreme
• Service Camp
• Counselor in Training

7 Great Sleepover Camp Programs in Cornwall