



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

A. L. HANFORD CENTER

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30-7:45 123 OPEN 456 LAP	5:30-6:15 123 CLASS 456 LAP	5:30-7:45 123 OPEN 456 LAP	5:30-6:15 123 CLASS 456 LAP	5:30-7:45 123 OPEN 456 LAP	7:00-9:00 123 OPEN 456 LAP	
Lap Swimming Tips Please enter the pool from the shallow end. To avoid accidents, when entering an occupied lane, please get the first swimmer's acknowledgement that you are there. Please get kickboards, pull bouys, etc. before entering the pool.		6:15-8:45 123 OPEN 456 LAP		6:15-8:45 123 OPEN 456 LAP		9:00-11:00 1236 CLASS 45 LAP	10:30-5:00 123 OPEN 456 LAP
		8:45-9:45 1234 CLASS 56 LAP		8:45-9:45 1234 CLASS 56 LAP		11:00-6:00 123 OPEN 456 LAP	
	7:45-12:45 123 CLASS 456 LAP	9:45-12:30 123 OPEN 456 LAP	7:45-12:45 123 CLASS 456 LAP	9:45-12:30 123 OPEN 456 LAP	7:45-12:00 123 CLASS 456 LAP		
Directions If there are 1 or 2 swimmers in a lane, they may elect to split the lane in half. The entrance of a third person immediately changes the lane to "circle" swimming format.	12:45-6:00 123 OPEN 456 LAP	12:30-1:15 123 CLASS 456 LAP	12:45-6:00 123 OPEN 456 LAP	12:30-1:15 123 CLASS 456 LAP	12:00-8:45 123 OPEN 456 LAP		
		1:15-5:30 123 OPEN 456 LAP		1:15-5:30 123 OPEN 456 LAP			
Speed Please try to choose a lane with swimmers that most nearly match your speed.	6:00-7:30 1236 CLASS 45 LAP	5:30-6:30 12 CLASS 345 TEAM 6 LAP	6:00-7:30 1236 CLASS 45 LAP	5:30-6:30 12 CLASS 345 TEAM 6 LAP			
		6:30-7:30 1-2 MASTERS 4-6 TEAM		6:30-7:30 1-2 MASTERS 4-6 TEAM			
Lap Lanes Additional lap lanes will not be available if open side of pool is heavily used.		7:30-8:30 12345 TEAM 6 LAP		7:30-8:30 12345 TEAM 6 LAP			
	7:30-9:15 123 OPEN 456 LAP	8:30-9:15 123 OPEN 456 LAP	7:30-9:15 123 OPEN 456 LAP	8:30-9:15 123 OPEN 456 LAP			

New additions

Over the past few months we've added several new features including two new lifeguard chairs, a state-of-the-art backboard and signs to designate lap usage.

UPDATED SEPTEMBER 22