



# VA Pool Schedule

**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Pool	Spa	Pool	Spa	Pool	Spa	Pool	Spa	Pool	Spa	Pool	Spa
7:00	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open
7:30	7:00-9:00	7:00-9:00	7:00-8:15	7:00-9:00	7:00-9:00	7:00-9:00	7:00-8:15	7:00-9:00	7:00-1:00	7:00-9:00	7:00-12:00	7:00-12:00
8:00			VA Class				VA Class					
8:30			8:15-8:45				8:15-8:45					
9:00	AE Class		AE Class		AE Class		AE Class					
9:30	9:00-10:00		9:00-10:00		9:00-10:00		9:00-10:00					
10:00	DD Class		DD Class		DD Class		DD Class					
10:30	10:00-11:00		10:00-11:00		10:00-11:00		10:00-11:00					
11:00	Open 11:00		VA Class		Open 11:00		VA Class					
11:30	1:00		11:00-12:00		1:00		11:00-12:00					
12:00		Open	Open 12:00	Open		Open	Open 12:00	Open		Open		
12:30		12:00-1:00	1:00	12:00-1:00		12:00-1:00	1:00	12:00-1:00		12:00-1:00		
1:00			AE Class				AE Class					
1:30			1:00-2:00				1:00-2:00					
2:00												
2:30												
3:00												
3:30												
4:00												
4:30	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open	Open
5:00	4:30-7:45	4:30-7:45	4:30-7:45	4:30-7:45	4:30-7:45	4:30-7:45	4:30-7:45	4:30-7:45	4:30-5:45	4:30-5:45		
5:30												
6:00			Swim				Swim					
6:30			Lessons				Lessons					
7:00												
7:30												
8:00												

The pool schedule is subject to change. Please check the front desk or call the Aquatics Department for further information.

Legend:  
AE - Arthristis Ease  
DD - Deep Definition