



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GROWING STRONGER TOGETHER

Community
Impact Report
2011



Lebanon Valley Family YMCA

WHO WE ARE

It's a new year and a brand new image for the entire YMCA organization.

The Y's new image is an updated, more forward-looking logo that replaced the logo that has been a part of our history for years. The revitalized logo, with its multiple color options, reflects the vibrancy of our organization and the diversity of the communities we serve. In addition, moving forward we will be known as "the Y" as that is how people in communities nationwide most commonly refer to us.



THE YMCA – NATIONALLY

The Y is the nation's leading non-profit organization committed to strengthening communities through youth development, healthy living and social responsibility.

The Y's Impact:

- More than 2,600 locations in 10,000 communities across the country.
- 21 million people (12 million adults and 9 million youth) of all ages, incomes, backgrounds and abilities come to the Y to learn, grow and thrive.
- 500,000 volunteers—kids, parents, individuals, and business and community leaders—are personally vested in strengthening their communities.

By nurturing the potential of every child and teen, improving the nation's health and well-being, and supporting and serving our neighbors, the Y ensures that everyone has the opportunity to become healthier, more confident, connected and secure.

To get a glance at our rich history, and a snapshot of our many successes over the last 160 years on behalf of the individuals and communities we are privileged to serve, visit www.ymca.net.

THE YMCA – LOCALLY

The original Lebanon Valley Family YMCA started modestly in 1898 — where a small group of men gathered who were interested in building a better community.

Since its inception, the Lebanon Valley Family YMCA has been a respected non-profit institution, serving the entire community as a source of health and wellness, recreation, enrichment, after school programs and numerous other services for children and teens.

The original constitution and bylaws of the Lebanon Valley Family YMCA express the following, "The object shall be the spiritual, intellectual, social and physical welfare of young men."

We remain true to our historical mission founded on Christian values. Today, our purpose is to improve the quality of life in our community by offering programs, services and facilities that promote strong families, good health, fitness, wellness, community services, child and adult development with equality for all. We encourage a sensitivity to the physical, mental and spiritual enhancement of all persons regardless of age, sex, race, religious affiliation or economic status.



MISSION STATEMENT & STRATEGIC GOALS

YMCA MISSION

To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

YMCA VISION

To be the leading non-profit organization in providing programs, services and facilities that positively impact the lives of all people from infants to seniors within our service area by creating a healthy, nurturing, learning environment that fosters positive development in all aspects of life.

STRATEGIC PLAN GOALS 2009-2011

FINANCIAL

To remain a viable non-profit organization, the **Lebanon Valley Family YMCA** will operate in such a way as to generate enough revenue to cover all operational expenses plus an additional 5% surplus to allow for maintenance of facilities as well as expansion of programs.

In 2010, the **Lebanon Valley Family YMCA** covered all operational expenses and expanded programs. The YMCA ended the year with 5.8% operational surplus.

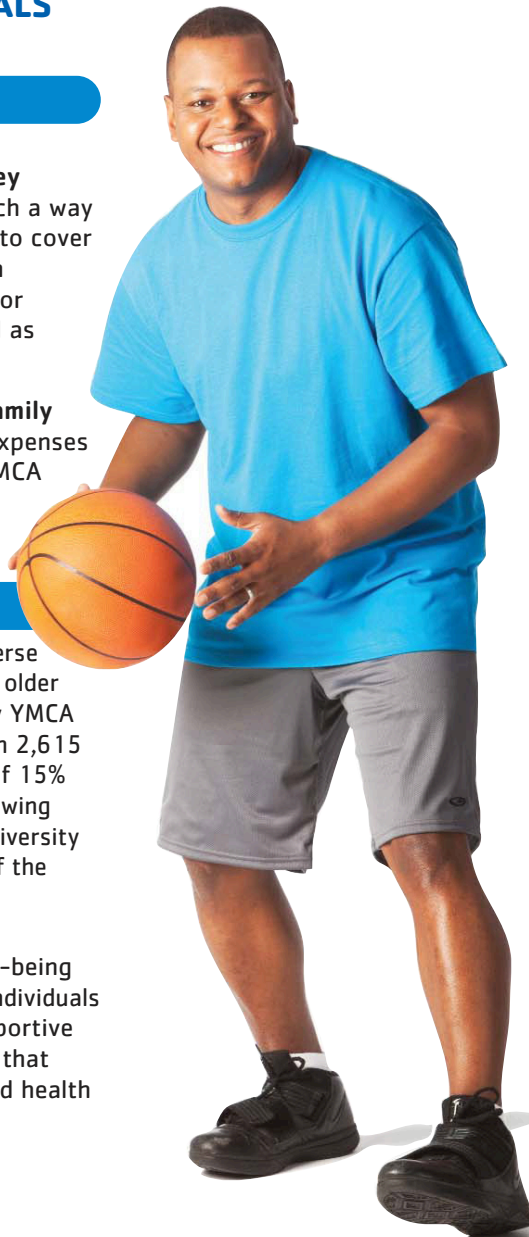
MEMBERSHIP

Recognizing the growing and diverse needs of our youth, families, and older adults, the Lebanon Valley Family YMCA will increase membership to reach 2,615 memberships units, an increase of 15% over the next three years. In growing membership we will strive for a diversity that reflects the demographics of the community our YMCA serves.

In 2010, YMCA health and well-being programs provided over 9,800 individuals of all ages with continuous supportive relationships and environments that engaged, involved and supported health in spirit, mind and body.

Recognizing the changing interests and needs of youth, families, and older adults in our service area, the Lebanon Valley Family YMCA will develop and market timely, innovative programs and activities that reach over 4,400 individuals by the end of 2011. This will be accomplished through the offering of new, expanded, and improved programs provided by the YMCA or through effective collaborations with appropriate community partnerships.

In 2010 the Lebanon Valley Family YMCA served over 3,700 youth and teens in YMCA mission driven programs and services.



LEADERSHIP STAFF

Jaci Arnold	Aquatic Director
Mark Hubbard	Youth/Fitness Director
Polly Leeper	N.W. Children's Center Director
Ken Long	Maintenance Director
Wendy Long	Business Coordinator
Mick Marinkov	Housekeeping Coordinator
Alex Noble	Kid's Korner Supervisor
Amy Pennycoff	Ebenezer Children's Center Director
Darin Pickles	Director of Operations
Michelle Remlinger	Group Fitness Coordinator
Alison Roth	School Age Childcare Director
Martin Smith	Chief Financial Officer
Phil Tipton	Chief Executive Officer
Andrei Tsaregorodtsev	Gymnastics Head Coach
Christie Unger	Preschool & Volunteer Director
Brian Wolfe	YMCA at the VA Facility Director



2010 BOARD OF DIRECTORS

Chairman	Wiley Parker
Vice Chairman	Robert Mease
Treasurer	Richard L. Miller
Secretary	Clair Weaver
	Lee Allwein
	Dr. Marianne Bartley
	Thomas Buzby
	The Honorable Judge Brad Charles
	Beckie Dreibelbis
	Kim Feeman
	Patrick Freer, Jr.
	Jamie Hanford
	Scott Hanford
	Joya Morrissey
	Jessica Raynes
	Dale Reppert
	Mickey Santora
	John (Jack) Schlegel

A LETTER FROM OUR CHAIRMAN



Dear Supporter of the Lebanon Valley Family YMCA,

Change is in the air at the Lebanon Valley Family YMCA. Perhaps the most visible change is the new nationwide YMCA symbol, which you will be seeing more of as time goes on.

But the change that is occurring at our Y is more significant than just that outward symbol. Perhaps you've heard of some of the exciting new programs at the Y such as Mission Melt Away and the Endurance Challenge, or maybe you have seen the work going on around the building to upgrade the structure's mechanicals to insure a comfortable, efficient, and green facility. If you use the Conditioning Center,

I am sure you've noticed the new state of the art equipment that arrives on a regular basis, and then there is the Mobile Fit computer system which allows you to accurately track your workouts.

Beyond the physical and program changes, I am sure you have seen the new staff members, such as Darin Pickles, whose sole purpose is to enhance the quality of your experience at our Y.

2010 has been a challenging year for many members of the Lebanon community given the current economic climate. During the year just ended, the Y provided \$230,000.00 in financial assistance to members of the community for childcare, membership, and programs.

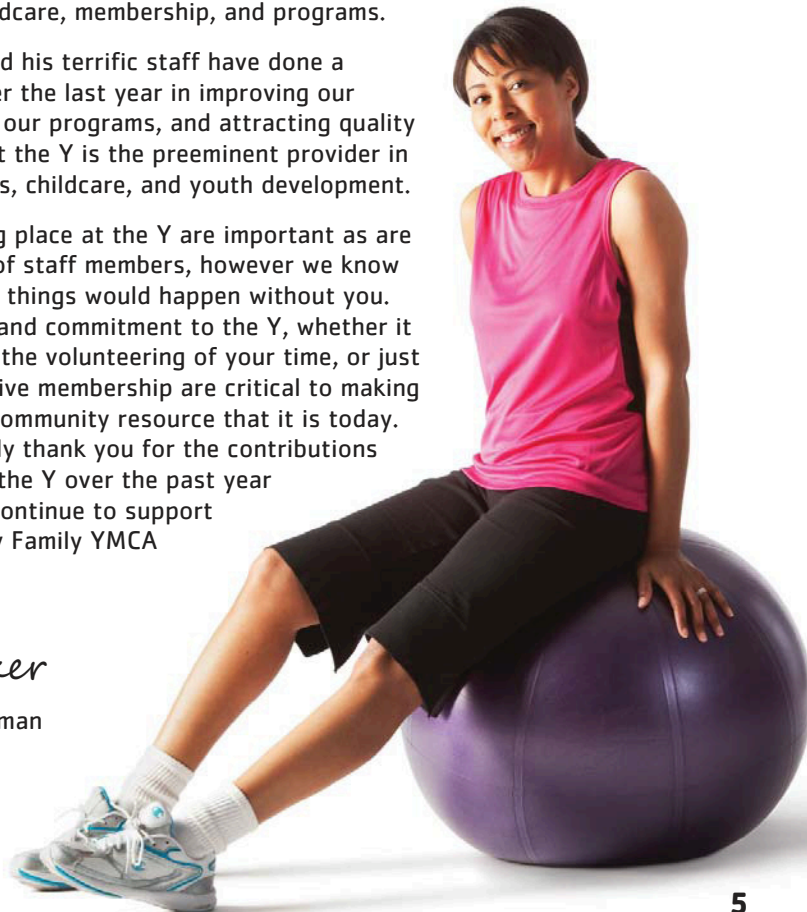
CEO Phil Tipton and his terrific staff have done a remarkable job over the last year in improving our facility, expanding our programs, and attracting quality staff to insure that the Y is the preeminent provider in the areas of fitness, childcare, and youth development.

The changes taking place at the Y are important as are the contributions of staff members, however we know that none of these things would happen without you. Your contribution and commitment to the Y, whether it be a financial gift, the volunteering of your time, or just maintaining an active membership are critical to making the Y the vibrant community resource that it is today. I want to personally thank you for the contributions you have made to the Y over the past year and invite you to continue to support the Lebanon Valley Family YMCA into the future.

Very truly yours,

Wiley Parker

YMCA Board Chairman



FINANCIAL ASSISTANCE & ECONOMIC IMPACT

YMCA membership and programs are available to everyone, regardless of their ability to pay.

During 2010, the YMCA returned over \$230,000 in mission services to the community in the form of direct financial assistance to individuals and families, as well as subsidized programs, as stated by donors.

IMPACT OF COMMUNITY CONTRIBUTIONS



\$100

provides 4 children with skill development, sportsmanship & team-building in our youth sports programs



\$250

provides 8 weeks of swim lessons for 5 children



\$600

awards 5 youth memberships to children whose parents otherwise couldn't afford to pay



\$1000

provides a child the opportunity to attend summer camp



\$1500

provides 2 lower income families with Y memberships for a full year!



\$2500

provides 1 family a year of before and after school care for their child



\$5000

provides a family with full-day preschool care for 8 months

WE ARE YOUR COMMUNITY RESOURCE

THE LEBANON VALLEY FAMILY YMCA WORKS WITH THE FOLLOWING
LOCAL PARTNERS TO MEET COMMUNITY NEEDS:

21st Century Middle School
Agape Shelter
Alpha-Y-Gradale
Alternative Education
American Heart Association
American Red Cross
Annville-Cleona School District
Arthritis Foundation
Big Brother/Big Sister
Boy Scouts of America
Child Care Information Services
Community Engagement for
Early Care & Education
Community Health Council
Community Service Group
Cornwall-Lebanon School District
Family Focus
Fire LTD
Fort Indiantown Gap
Good Samaritan Hospital
Halcyon Activity Center
Head Start
Healthy Lifestyles Committee
Hershey Palmyra Sertoma
Holiday for Homemakers
Home School Group of Lebanon County
IU 13
Jubilee Ministries
Knight's of the 21st Century
Lebanon Catholic Schools
Lebanon City
Lebanon City School District
Lebanon Community Library
Lebanon County Churches
Lebanon County Area of Aging
Lebanon County Christian Ministries
Lebanon County Special Olympics
Lebanon Family Health Services
Lebanon Head Start &
Early Childhood Programs
Lebanon Kiwanis Club
Lebanon Rotary Club
Lebanon Sertoma
Lebanon Valley Association
for the Education of
Young Children
Lebanon Valley Chamber
of Commerce
Lebanon Valley Council
on the Arts
Lebanon Valley Mall

New Covenant Christian School
Northern Lebanon Rec and Parks Commission
Northern Lebanon Rotary Club
Northern Lebanon School District
PA Counseling Services
PA National Guard
Palmyra School District
Penn Laurel Girl Scout Council
Philhaven Healthcare
Renaissance Crossroads
Renova Center
Senior Centers
The Arc of Dauphin & Lebanon Counties
Special Olympics
Under 20 Committee
United States Army
United Way of Lebanon County
VA Medical Center
Work to School Program — IU 13
YMCA Camp Shand
Youth Advocate Program, Inc.

**The Lebanon Valley Family
YMCA Serves as an Official
Emergency Shelter for the
Lebanon Middle School.**

YMCA Sponsored Community Events

Earl Fornwalt & Richard Lefty
Hallman Memorial Golf Tournament
Evening at the Mansions
Healthy Kids Day
Kids Night Out
Lebanon County Senior Games
Thanks For Lebanon 5K & 10K Race





YMCAs In Pennsylvania

PENNSYLVANIA HAS MORE YMCAS THAN ANY OTHER STATE

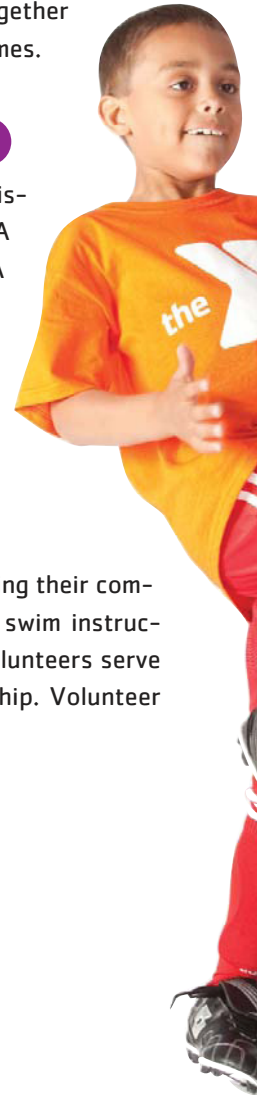
75 Corporate YMCAs and 85 branches in diverse communities across the state, serve urban, suburban and rural communities and bring together young and old, men and women, from all faiths, backgrounds and incomes.

PA YMCAS SERVE 882,974 MEMBERS AND CONSTITUENTS

There are 672,485 PA YMCA members and an additional 210,489 registered participants in hundreds of YMCA programs and services. PA YMCAs served 7.1% of PA residents. It is estimated that over 20% of PA residents have been touched by the YMCA. Forty two percent of YMCA members were 17 years of age and under and 8.2% were sixty five years or older.

28,569 PA YMCA VOLUNTEERS ENRICH COMMUNITY LIFE

YMCA volunteers of all ages, teens through seniors, "give back", enriching their communities. 25,120 YMCA program volunteers serve as child care aids, swim instructors, tutors, mentors, coaches, chaperones, etc. 3,449 YMCA policy volunteers serve on boards and committees providing their skills, talents, and leadership. Volunteer time exceeds \$8,004,825 in value.



YMCAs In Pennsylvania

PA YMCAS PROVIDE CHILD CARE STATE WIDE

YMCAs are the largest provider of child care in PA, providing preschool, before and after school care, summer day camp and resident camp programs. One in five children receive subsidized care valued in excess of \$12,500,500. Without this YMCA support, parents may not be able to work, or children would be at home, without supervision, in the critical after school hours.



PA YMCAS RAISE \$46,531,306 IN CONTRIBUTED SUPPORT

YMCAs strive to ensure that no one will be denied participation in YMCA programs, child care, camp, or membership due to economic hardship. \$24,126,897 was received in Annual Support, including \$5,239,775 from the United Way and \$4,751,925 in bequests and legacies. \$18,439,191 was contributed for capital improvement/construction to expand and improve YMCA community services.

PA YMCAS PARTNER WITH OUR STATE GOVERNMENT

Government funding in excess of \$30 million was invested in PA YMCAs to provide needed local community services and relieve the government of this burden — more than half of which was for Head Start and child care for needy families.



STATEMENT OF OPERATIONS

LEBANON VALLEY FAMILY YMCA INCOME STATEMENT FOR PERIOD ENDING AUGUST 2010

REVENUE

Contributions	167,594
United Way	194,591
Membership Fees	995,845
YMCA Program Fees	355,001
Children's Center Fees	339,922
SACC Program Fees	1,001,860
Investment Return	62,246
Other	207,563
Total Revenue	\$3,324,622

OPERATING EXPENSES

Salaries and Benefits	2,319,097
Occupancy Expense	333,590
Program Expenses	154,350
Promotions	30,029
National Dues	56,771
Interest Expense	4,362
Other	233,287
Total Operating Expenses	\$3,131,486

REVENUE OVER (UNDER) OPERATING EXPENSES	\$ 193,136
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Depreciation	142,500
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NET REVENUE OVER (UNDER) EXPENSES	\$50,636
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THE HERITAGE CLUB

The Heritage Club recognizes friends of the YMCA who have made permanent gifts to benefit children and youth. Through their visionary commitment to YMCA principles, they assure financial security through a growing resource, our perpetual endowment fund.

Heritage Club members have made one of several types of gifts: bequests, significant outright gifts to the endowment, gifts of insurance, gifts made by naming the YMCA beneficiary of retirement assets, charitable trusts or gift annuities.

Further information may be obtained by contacting Phil Tipton — CEO of the Lebanon Valley Family YMCA.

Advest, Inc.
AES Ironwood, Inc.
Dr. Albert A. Alley
Mr. & Mrs. Lee Allwein
Mrs. Henry Arnold
Arthur Funk & Sons, Inc.
Mrs. John Bashore
Mr. Vernon* & Mrs. Trudie Bishop
Mr. & Mrs. Eli Caplan
Dr. Thomas B. Carmany
Mr. & Mrs. William F. Christ
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H.J.* & Erla Deck*
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Mr. Donald F.* & Mrs. Sue Foltz
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Paul H. Kettering
Kiwanis Club of Lebanon
Mrs. Robert Krum
Lebanon Mutual Insurance Company
Lebanon Valley Bicycle Club
Lebanon Valley National Bank



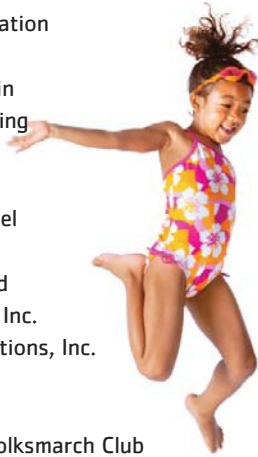
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Mr. & Mrs. John E. Wengert
Mr. Richard J. Wengert
Wengert's Dairy
Mr. Kenneth White
Mr. & Mrs. Kenneth L. Wolfe
Dr. Suzanne & William H.* Worrilow, Jr.
Mr. John L. Worrilow

*deceased

2010 CONTRIBUTORS

All contributions were received in support of the YMCA's general operations and programs during the calendar year 2010. We have carefully checked this list for accuracy, however if we have not listed your name as you would like it to appear or if you wish your name not to appear in the future, please call and we will make the correction for future listings.

AES Ironwood Foundation
Albert A Alley Foundation
Alpha Y Gradale
Lee and Susan Allwein
Allwein Carpet Cleaning
Allwein Carpet One
Kathy Andrews
Barry and Susan Ansel
Jaci Arnold
Ed and Jeanne Arnold
Arthur Funk & Sons, Inc.
Technical Metal Solutions, Inc.
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Ann Baker
Baloney Stompers Volksmarch Club
Hershey Bare
Susie Barnhart
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BG's Food Market
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Larry Bowman
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Karen Brown
Brown Signs
Darryl Bush
Thomas Buzby
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Domino's Pizza
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Fava & Maria Eye Associates
Kim Feeman
Jill Fidler
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Vivian Fitzgibbons
Anne Flowers
Francis J. Dixon Foundation
Fredericksburg Community Health Center
Fredericksburg Eagle Hotel
Patrick Freer
Peter and Lauren Freer
Cheryl Fuhrman
Fulton Bank
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Kenneth Funk
David Funk
Colleen Gallo
Margaret Gerberich
Thomas Gerhart
Robin Getz
Nancy Gingrich
J. Desmond Glynn
Good Samaritan Hospital
Frederick Goudy
Debra Grandi

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Cheryl Gross
Emily Guilliams
Guilliams Chiropractor
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Kathryn Hammes
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Scott Hanford
Sara Hanford
Pamela Hanford
Luanne Hartman
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Sean Haulman
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Michele Hoffman
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Stacey Houtz
Kermit Hower
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Italian Village Pizza
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Charles Jones
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Jody Kohr
Kreamer Funeral Home
Mike Kuhn
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Robert Ladd
Kira Lawrence
Lebanon Anesthesia Associates
Lebanon Broadcasting Company
Lebanon Cardiology Associates
Lebanon Orthopedic
Lebanon School District
Lebanon Valley Mall



Nancy Lebo
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2010 CONTRIBUTORS

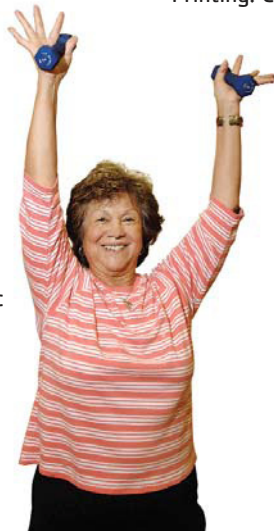
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Kathryn Yocum
AmiJo Zeigler
Kelly Zimmerman
Greg and Amy Zinn



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I.A. Design, Cornwall, PA
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DID YOU KNOW?



The Lebanon Valley Family YMCA views health holistically. A healthy person has balance and harmony of spirit, mind and body. YMCA health and wellness programs are designed to enhance individual, family and community well-being by addressing local and national health concerns such as physical inactivity, poor nutrition, chronic stress and isolation. YMCA health and well-being programs provide individuals of all ages and families regardless of makeup, with continuous supportive relationships and environments that engage, involve and support health in spirit, mind and body. YMCA health and well-being programs also promote and provide development of social skills, self esteem, moral and ethical behavior. We serve all ages, abilities, races, nationalities and faiths. We provide financial assistance to those who need it. In 2010 we served over 9,200 individuals in our community.

We provided over \$105,000 in financial support and underwritten programs to over 750 people in the area of Health and Well-Being.

Through our Children Center, youth from infants through age 5 are cared for by a nurturing and loving staff. The program provides up to eleven hours a day of care to meet the needs of our working parents. The program reaches out to all families in the community regardless of ability to pay. Working with our local food bank children are fed three nutritious meals a day.

The Lebanon Valley Family YMCA provided over \$81,000 in direct financial assistance to families in our Children Center daycare program.

The Lebanon Valley Family YMCA childcare, before and afterschool care and day-camp provides opportunities for our children to grow and develop outside of their school day. In the summer children grow through activities and adventures that are child development centered, nurturing, asset building and fun. We provide a safe and encouraging environment that promotes healthy lifestyles, positive self esteem and image, life skills, teamwork, leadership, creativity, and education support. We have developed a variety of activities and opportunities for youth and teens to include character development, life long learning and skills. We partner with all 6 school districts in Lebanon County serving 15 schools. Working with the State of Pennsylvania, United Way of Lebanon County, Lebanon County Christian Ministries, and the Pennsylvania Department of Public Welfare, we serve over 400 children daily in licensed YMCA childcare. We provided over \$44,000 in direct financial assistance to children in these areas. Our licensed childcare offers age appropriate programming for ages 6 to 13 in the fields of outdoor environmental education, experiential learning, leadership development and hands on teaching that encompasses the four core values of the YMCA, caring, honesty, respect and responsibility. We serve children and families from a diverse background and offer programming for all regardless of their ability to pay. We partner with school districts, service clubs and other community agencies to provide quality programming.

In 2010 the Lebanon Valley Family YMCA served over 3,500 youth and teens in YMCA mission driven programs and services.

Lebanon Valley Family YMCA

A. L. Hanford Center
201 North Seventh Street
Lebanon, PA 17046
717. 273. 2691

YMCA at the VA
Building 24
South Lincoln Avenue
Lebanon, PA 17042
717. 273. 2046

www.lebanonymca.org

