


# LEBANON VALLEY FAMILY YMCA

## A. L. HANFORD CENTER

### YMCA Pool Schedule

Revised from June 15, 2009- July 31, 2009

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30	123 Open 456 Lap	123 Class 456 Lap	123 Open 456 Lap	123 Class 456 Lap	123 Open 456 Lap			
6:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap			
6:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap			
7:00	123 Class 456 Lap	123 Open 456 Lap	123 Class 456 Lap	123 Open 456 Lap	123 Class 456 Lap			123 Open 456 Lap
7:30	123 Class 456 Lap	123 Open 456 Lap	123 Class 456 Lap	123 Open 456 Lap	123 Class 456 Lap			123 Open 456 Lap
8:00	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap			123 Open 456 Lap
8:30	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap	123 Open 456 Lap		
9:00	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap	12 Class 34 Lap 56 Team	123 Class 456 Lap	123 Open 456 Lap		
9:30	123 Class 456 Lap	12 Class 3 Lap 456 Team	123 Class 456 Lap	12 Class 3 Lap 456 Team	123 Class 456 Lap	123 Open 456 Lap		
10:00	123 Class 45 Lap 6 CC	12 Class 3 Lap 456 Team	123 Class 45 Lap 6 CC	12 Class 3 Lap 456 Team	123 Class 456 Lap	123 Open 456 Lap		
10:30	123 Class 45 Lap 6 CC	12 Class 34 Lap 56 Lessons	123 Class 45 Lap 6 CC	12 Class 34 Lap 56 Lessons	123 Class 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
11:00	123 Adult 456 Lap	12 Adult 34 Lap 56 Lessons	123 Adult 456 Lap	12 Preschool 34 Lap 56 Lessons	123 Adult 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
11:30	123 Adult 456 Lap	12 Adult 34 Lap 56 Lessons	123 Adult 456 Lap	12 Preschool 3 4 Lap 56 Lessons	123 Adult 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
12:00	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
12:30	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
1:00	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 Camp 456 Lap	123 Open 456 Lap	123 Open 456 Lap	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:30	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 SACC 456 Lap	123 Camp 456 Lap	123 Open 456 Lap	123 Open 456 Lap
2:00	123 Camp 456 Lap	123 Camp 456 Lap	123 Camp 456 Lap	123 Camp 456 Lap	123 Camp 456 Lap	123 Open 456 Lap	123 Open 456 Lap
2:30	123 Camp 456 Lap	123 Camp 456 Lap	123 Camp 456 Lap	123 Camp 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap
3:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap
3:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap
4:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap
4:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap
5:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
5:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	
6:00	12345 Team 6 Lap	12 Class 34 Lap 56 Lesson	12345 Team 6 Lap	12 Class 34 Lap 56 Lesson	1234 Team 56 Lap	 <p>The pool schedule is subject to change. Please check the front desk or call the Aquatics Department for further information.</p> <p>6/15/09</p>	
6:30	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	1234 Team 56 Lap		
6:45	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	1234 Team 56 Lap		
7:00	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	12345 Team 6 Lap	12 Class 34 Lap 56 Lessons	1234 Team 56 Lap		
7:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap		
8:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap		
8:30	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap		
9:00	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap	123 Open 456 Lap			